

AFTERCARE

Aftercare planning is an integral part of treatment planning, begins at the time of admission, and shall reflect multi-disciplinary input. Aftercare planning provides continuity of care from inpatient to outpatient. Appropriate aftercare is planned for all MMMHC inpatient and day treatment patients. The Aftercare Plan contains new treatment goals for post-discharge treatment.

The Aftercare Plan is a written document and will contain:

- 1) Discharge date
- 2) Living arrangements
- 3) Problems/needs
- 4) Plans for addressing problems/needs
- 5) Responsible person
- 6) Administrative Agent or outpatient agency with address and phone number
- 7) Participation by patient, guardian or others
- 8) Medication/Prescriptions provided on discharge
- 9) Next appointment date and time
- 10) Signature by QMHP (Qualified Mental Health Professional)

If a patient is referred and accepted into Community Placement Services, an aftercare/discharge packet is sent at the time of discharge with the patient. If aftercare is to be provided by an administrative agent or DMH contracted agency, the Aftercare Plan and all pertinent information will be forwarded to the agency providing this service within 48 hours. If aftercare is provided by an outside agency, with the written consent of the patient, guardian, or parent, a copy of the Aftercare Plan and other appropriate material will be forwarded to that agency within 48 hours. If circumstances preclude developing an Aftercare Plan, an explanation must be documented on the form.